

What will Gym Camp be like?

- To help with social distancing and to contain bubbles of children we will use both the MEC and Sports Hall at the Marlborough School.
- We are fortunate enough to have a double up of apparatus which means that we will operate two separate gyms and therefore half the number of children sharing equipment.
- Our maximum daily capacity is 48 children to create 4 bubbles of 12 children, keeping in line with the current government guidance for school classes. Each bubble will have access to their own classroom space/area for break and lunch times should we require indoor space, however we aim to be outside for as much as possible, weather permitting.
- Each bubble will have access to their own toilets either within the MEC or Sports Hall.
- For the purpose of the gymnastics coaching and rotations around the apparatus; each bubble will be split into two smaller groups of 6 children and work solely with their groups designated coach. The coach will be assigned to that group for the entire week/s of camp as their key person. It will only be that coach who can physically work hands on supporting the gymnasts within their subgroup. Again, we aim to keep the amount of hands-on coaching to a minimum which is very do-able with the invaluable experience and range of equipment we provide.
- In addition to the two designated coaches, each bubble of 12 will also have an additional member of staff as an extra pair of hands for toilet runs, first aid, cleaning, generally looking after the children- reminding them of the expectations and keeping safe etc. There will also be staff not assigned to bubbles who will oversee cleaning, admin, and there to manage staff and answer any questions.
- As with all our camps children have to pre-book their place and state the specific days to attend at the time of booking. We are therefore be able to group the children so that families and those attending the same days can remain in the same bubble. Before attending camp, parents will be informed which bubble their child/ren are in and a specific entrance to enter either the Sports hall or MEC.
- Upon arrival families will queue up at their given entrance ensuring that social distancing is maintained between families. When they reach the door, they will be registered by the member of staff on the door. Parents will not be permitted to enter the building.
- Please ensure that someone from the same household is dropping off and collecting each day. If your child is to be dropped off or collected by another adult outside of your household, eg. Grandparent, friend etc. you must inform us so that we can take their details for our 'Track and Trace' records.
- Upon entering the building, a member of staff will take your child's temperature to ensure it is within the normal range. Children with a high temperature will not be allowed to attend.

- Children will be asked to wash/sanitise their hands before given a plastic sanitised tray to put all their belongings in. This will be placed in the classroom for the day. Children will be allocated a place to sit at the table maintaining social distancing as much as possible.
- Before going on any of the apparatus everyone must wash their hands. Each bubble will be allocated 3 stations to work around during the first of the morning rotations. Apparatus will be cleaned after each rotation. Hands will then be washed again at the start and end of morning break. Bubbles will then work on another rotation of 3 stations until lunch. Again, apparatus will be cleaned, and hands washed.
- Providing the weather is ok, we will try to eat lunch and spend breaks/lunches outside on the netball courts or the front field as much as possible.
- All lunch, snack and drinks must be provided by parents as we will not be providing any form of food or drink for the children except for them being able to refill their water bottles if required. Please ensure younger children can open their lunch/packages etc themselves to avoid staff touching their food.
- We will also be able to do some of the gym sessions outside where apparatus is not required. Some warm-ups, team building games, fitness games etc.
- At the end of the day parents will come to their allocated collection door where a member of staff from their bubble will sign them out and hand them back to their parents/guardian.
- All soft items and non-essential equipment will be removed from camp including board games, books etc that the children would normally have access to at the start of the day and during breaks.
- Children should bring a pencil case with a pen, pencil, and some colouring pens/pencils. **(No scissors please).**
- Younger children should pack a change of clothes in case of any toileting accidents as we will be unable to provide spare clothes.
- As with any organisation re-opening at this time cleaning regimes will be more vigorous and regular and social distancing measures will be in place where possible, although just as The Government have recognised it is not always possible with children of primary age. Our systems in place are all inline with the current Government Guidance and that of our Governing Body, UK Gymnastics.